

ATLANTIC SALMON

(*Salmo salar*)

BUYER'S INFORMATION

Atlantic salmon have long been highly desirable in the food service industry due to their moderate to firm texture and natural salmon flavor. The meat color ranges from pink to deep reddish orange. Atlantic Salmon fillets and portions produced by Peter Pan Seafoods do not contain added chemicals.

NUTRITION

Serving Size:	4 oz. raw (112 g)
Calories:	207
Calories from Fat:	111
Protein:	22.5 g
Fat:	12.3 g
Saturated Fat:	2.5 g
Trans Fat:	0 g
Cholesterol:	67 mg
Sodium:	67 mg
Total Carbohydrates:	0 g
Dietary Fiber/Sugars:	0 g
Omega 3 Fatty Acids:	2.1 g

SPECIFICATIONS

Fillets: Whole sides of salmon, available in trim styles E (see Salmon Fillet Guide on trim styles).

Size	Type	Package	Carton
2-3 lb.	Skin Off, PBO	IQF	1/20 kg.
3-5 lb.	Skin Off, PBO	IQF	1/50 lb.
Ocean Run	Skin Off, PBO	IQF	1/50 lb.

Portions: Individual portions cut from the above fillets.

Size (+/- 1 oz.)	Package	Carton	Avg Pieces per Case
4 oz.	VacPac	1/10 lb.	39-42
6 oz.	VacPac	1/10 lb.	24-28
8 oz.	VacPac	1/10 lb.	19-23
10 oz.	VacPac	1/10 lb.	15-19

DIMENSIONS

Pallet Information: For all steaks and fillets.

Description	Package Size	Net Weight in Pounds	Case Weight in Pounds	Boxes per Pallet	Pallet Size*	Case Size in Inches	Cube	Density
VacPac or Layer Pack	1/10	10	12	180	18x10	11.50 x 8.75 x 8.50	0.49	24.24
Salmon Sides VacPac	1/20	20	23	40 (80)	5x8 (dbl stack)	23.38 x 13.50 x 5.00	0.91	25.18



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* Pallet Configuration is: no. of cases in a block by no. of cases high.