

ALASKA CANNED SALMON



PETERPAN
SEAFOODS, INC.

ALASKA CANNED SALMON

BUYER'S INFORMATION

An excellent source of protein, Alaska canned salmon is high in omega-3 fatty acids and contains all the essential amino acids as well as vitamin A and niacin and riboflavin from the b-complex group. In fact, the soft tiny bones are an excellent source of calcium.

Peter Pan Seafoods primarily markets two brands in the United States. Double Q is sold primarily in the Southeast markets and Deming's is sold in many Midwest and Western markets. Both products contain Alaskan wild salmon, processed in the same plants. The brands have regional recognition and acceptance.

NUTRITION

	<i>Pink Salmon</i>	<i>Red Sockeye Salmon</i>
Serving Size:	1/4 cup (63 g)	1/4 cup (63 g)
Calories:	90	110
Calories from Fat:	45	60
Protein:	12 g	13 g
Total Fat:	5 g	7 g
Saturated Fat:	1 g	1.5 g
Trans Fat:	0 g	0 g
Carbohydrates:	0 g	0 g
Sodium:	270 mg	270 mg
Cholesterol:	40 g	40 g
Omega 3 Fatty Acids:	1040 mg	728 mg

SPECIFICATIONS

Pink salmon is the smallest but most abundant of the 5 Alaskan species. It is known for its delicate flavor. The abundant supply makes for an attractive value. The traditional style comes in 7.5 oz. and 14.75 oz. cans. Skinless and boneless comes in 7.5 oz. cans.

Red or Sockeye salmon is known for its red flesh and distinctive flavor. Sockeye is the salmon of choice in some parts of the United States and the United Kingdom. The traditional style comes in 7.5 oz., 14.75 oz., and 3.25 oz. cans. Skinless and boneless comes in 7.5 oz. cans.



Seattle, Washington U.S.A.

www.ppsf.com

MFG. UPC 21100