

IMPORTED FIN FISH – MAHI MAHI



PETERPAN
SEAFOODS, INC.

IMPORTED FIN FISH MAHI MAHI

(Coryphaena hippurus)

BUYER'S INFORMATION

Mahi-mahi is the Hawaiian name for dolphin fish. The name "dolphin fish" was given because of its habit of swimming ahead of sailing ships, much as the dolphin does. It was later given the name of Mahi-mahi (meaning strong swimmer) to distinguish it from the marine mammal, to which it is totally unrelated.

Mahi-mahi portions have a fairly mild yet pronounced flavor, somewhat similar to swordfish. The lean meat is fairly firm in texture, though not steak-like, and it has large moist flakes. The majority of the Mahi-mahi for our portion program is purchased from the Ecuador / Peru area, long preferred for high quality product.

FORMS

4, 6, 8 and 10 oz. Portions
Boneless / Skinless
Blood Line Removed

NUTRITION

| | |
|----------------------|------------------|
| Serving Size: | 4 oz. raw (113g) |
| Calories: | 95 |
| Calories from Fat: | 9 |
| Protein: | 21. g |
| Total Fat: | 1.0 g |
| Saturated Fat: | 0 g |
| Trans Fat: | 0 g |
| Cholesterol: | 80 mg |
| Sodium: | 100 mg |
| Total Carbohydrates: | 0 g |
| Dietary Fiber/Sugar: | 0 g |
| Omega 3 Fatty Acids: | N/A |

SPECIFICATIONS

| Size | Package | Carton | Avg. Pieces per Case |
|----------------------|---------|----------|----------------------|
| 4 oz. (Twin Pack) | Vac Pac | 1/10 lb. | 39-42 |
| 6 oz. (Single Pack) | Vac Pac | 1/10 lb. | 24-28 |
| 8 oz. (Single Pack) | Vac Pac | 1/10 lb. | 19-23 |
| 10 oz. (Single Pack) | Vac Pac | 1/10 lb. | 15-19 |

DIMENSIONS

| Product Description | Package Size | Net Weight | Gross Weight | Pallet Count | Pattern | Dimensions L" x W" x H" | Cube |
|---------------------|--------------|------------|--------------|--------------|---------|-------------------------|------|
| All Portions | 1/10 lb. | 10 lbs. | 12 lbs. | 126 | 18 x 7 | 11.55" x 8.5" x 7.05" | 0.40 |



Seattle, Washington U.S.A.

www.ppsf.com

MFG. UPC 21100